

# Endon High School



Standon Bowers  
15<sup>th</sup> – 17<sup>th</sup>  
October 2025

Curiosity | Determination | Kindness



# Plan for residential

You will be arriving at school at normal time in your residential clothes with all your belongings for the trip

You will register in your forms and then at the start of period 1 you will all go to the main hall

Mrs Eastwood will go through the lists and reminders of expectations for the visit.

You will then go with your groups onto one of the coaches.

# Equipment list

Accommodation		
Dormitory	Camping	
Single duvet cover, single sheet and two pillowcases. (Entrust will provide a duvet and two pillows)	Sleeping bag, pillow with pillowcase (Entrust will supply sleeping mats)	
Item	Number	Packed at Home
(Example) T Shirts	4	✓
Underwear		
Socks, including warm, full length long socks for walking		
T-shirts		
Trousers/tracksuit bottoms and shorts		
Warm jumpers		
Outdoor trainers		
Walking boots (if you have them)		
Wellington Boots		
Indoor Activity Trainers		
Residential footwear (e.g. slippers or sliders)		
Waterproof and warm outdoor coat		
Nightwear		
Hat, gloves, scarf		
<del>Sun hat, sunglasses, sun cream</del>		
Wash kit		
Towel		
Water bottle – 1 litre, leak proof is good		
Torch		
Packed Lunch for first day of the visit <b>*No food containing nuts please*</b>		
Additional Items		
<del>Pocket money for souvenirs</del>		
Plastic bags for wet and dirty clothes		
Lip Salve		
<b>Medication if required. Labelled and given to the Visit Leader</b>		
Pens, pencils and a book to read		

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# Arrival at Standon Bowers: sample activity list

**EXPLORE  
& INSPIRE**

## Outdoor Education Centre Programme

**entrust**  
Inspiring Futures

SCHOOL:	<b>Endon Group A</b>	DATES:	<b>15<sup>th</sup>-17<sup>th</sup> Oct 25</b>	NUMBER IN GROUP & TEAMS	4 teams of	YEAR/S:	<b>7</b>
SCHOOL STAFF:		COURSE & AIMS:	<b>Explore and <u>Inspire</u></b>				
LEAD INSTRUCTOR:		CLASSROOM BASE:					

WEDNESDAY	Morning 10am – 12:30pm	Arrive and Introductions Settle in and Tour of Centre		
	Afternoon 1:45pm – 5pm	Bridge Building Axe Throwing	Axe Throwing Bridge Building	
	Evening 7:00pm – 8:30pm	Photo Trail (School Staff)		

THURSDAY	Morning 9:30am – 12:30pm	Archery Climbing	Climbing Archery	
	Afternoon 1:45pm – 5pm	High Ropes		
	Evening 7:00pm – 8:30pm	Flying Eggs (School Staff)		

FRIDAY	Morning 9:00am- 9:15am	Pack bags and tidy dorms		
	9:30am – 12:30pm	Rifle Shooting Low Ropes	Low Ropes Rifle Shooting	
	Afternoon 1:15pm-1:30pm	Farewell Presentation Depart 1:30pm		

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Education  
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# Arrival at Standon Bowers: meal list

Breakfast	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Bacon & Egg with Hash Brown & Beans	Sausage with Potato Waffle & Spaghetti Hoops	Bacon & Egg with Hash Brown & Beans	Sausage with Potato Waffle & Spaghetti Hoops
	<b>ALSO AVAILABLE:</b> Fresh Fruit, Yoghurt, Cereals, Toast, Crumpets & Pancakes with Butter, Marmalade & Jam.			
	Tea, Milk & Fruit Juice			
<b>Lunch:</b> Choice of Sandwiches, Crisps, Fresh Fruit, Cookie & Cold Drink				

Dinner	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	Pork or Veggie Sausages with Mash, Yorkie & Gravy	Classic Beef Burger or Veggie Burger with Potato Wedges	Chicken or Veggie Korma with Pilau Rice	Margherita Pizza with Fries & Beans
	Mac & Cheese with BBQ Chicken or BBQ Veg Topper	Chicken Nuggets with Potato Wedges	Fish Fingers with Chips	Spaghetti & Meatballs in Tomato Sauce with Garlic Bread
	<b>Veg of the Day</b>			
	Iced Sponge & Custard	Chocolate Mousse	Chocolate Shortbread & Custard	Ice Cream
<b>Jacket Potatoes or Classic Tomato Pasta</b>				



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# Can dos and don'ts

NO MOBILE PHONES

No electrical devices

No money

Make sure you know which clothes you have got with you!!!!

Always be with your group and your member of staff

Make sure you are where you should be on time

Be prepared for the day. The Standon Bowers member of staff will tell you what you need to bring out with you each session, so please make sure you do

**Bring packed lunch for first day**

Treat others with respect

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# Leaving Standon Bowers

In the morning all will be packed up and put under the gazebo.

We will then do our morning activities

Have lunch and then we leave Standon Bowers at 2.00 to be back at school for usual end of school time – if we are early back, we will wait in the Main Hall until we can be dismissed

# Activity groups

Your form Teachers split you into groups of 7 (and one 8) which gave us 16 groups. I have then randomly joined those groups as Standon Bowers wanted 8 groups. These will be the groups that you will complete your activities in.



# Staffing for the residential

A1+A2 = Mr Podmore, Mr Best and Miss Hill

A3+A4= Mrs Cook and Mr Bahia (Wednesday and Thursday PM)

A5+A6= Mr Mitchell and Mr Skelding (Wednesday PM)

B1+B2= Miss Dalton and Mr Skelding (Thursday PM and Friday day time)

B3+B4= Miss Fatma and Mrs Hill (Wednesday PM)

C1+C2= Miss Stones

C3+C4= Miss Brannon

C5+C6= Miss Johnson and Mr Grocott

Mrs Eastwood all groups

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# Coaches

There are 2 coaches

Pupils will be split between the two coaches –

Coach 1 = Mr Mitchell and Miss Brannon

Coach 2 = Miss Johnson and Mr Grocott

# Rooms

We have 53 Girls

Girls – Lud Church 12  
Roaches 12  
Downs Bank 16  
Hen Cloud - 13

We have 60 Boys

Boys – Dovedale – 6  
Thor's cave – 8  
Hanchurch – 18  
Swynnerton – 8  
Ramshaw - 20